



## GrowBaby Practitioner Resources

The GrowBaby test from DNAlife gives insight into key biological areas related to maternal and fetal health and provides recommendations on how moms-to-be can optimise their health, and their baby's health, from pre-conception to birth and beyond.

Developed in collaboration with Drs Michael and Leslie Stone, and Emily Rydbom, DNAlife is delighted to make this test available to our practitioner network.

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### An Introduction with Drs Leslie and Michael Stone

Preconception and the perinatal time period provide a unique opportunity to establish the foundations for optimum health and development across the lifespan. Targeted interventions, using insights from a genetic test, can optimise the health of the mother, supporting a healthier pregnancy, and resulting in transgenerational health and resilience.

*(Click on the relevant image to view each video)*



**Video 1:**  
Who are Leslie and Michael Stone?



**Video 2:**  
How and when can the GrowBaby test be used?



**Video 3:**  
Who should consider using the GrowBaby test?

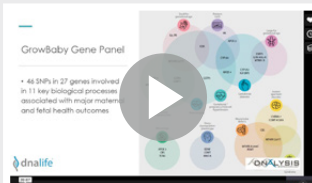


**Video 4:**  
Specific medical conditions to consider

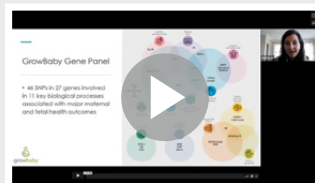
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### The GrowBaby DNA report overview with Helen Gautshi

*(Click on the relevant image to view each video)*



**Video 5:**  
A brief overview of GrowBaby DNA report



**Video 6:**  
An overview of the Biological Areas included in the GrowBaby test.  
*(click [here](#) to view presentation slides)*